



Update from The W 2.15.18

Pool opens early Friday

The pool open at 3 p.m. Friday, Feb. 16, when Waverly-Shell Rock does not have school.

Get certified for summer

The W will offer a Lifeguard recertification course Saturday, March 3, 8 a.m. to 9 p.m. Register [online](#) or at the Welcome Desk before Friday, Feb. 16, to reserve your spot!

Facility availability

Please check the [website](#) for facility availability as several athletic teams are practicing indoors. The W will host indoor high school track and field meets Tuesday, Feb. 27, March 6, 13, and 20, and March 22. The north end of the pool will be closed Tuesdays and Thursdays from 5 to 7 p.m. through Feb. 22 for swim lessons. The swim team will occupy two lanes of the pool on Mondays and Wednesdays from 4 to 6:45 p.m. Our triathlon class begins will occupy three lanes each Wednesday from 6:30 to 8 p.m.

Swim Club registration begins soon

The W Swim Club provides high-quality instruction for the competitive swimmer through those just beginning their experience on a team. Participants must be at least 6 years old at the start of the session, have completed Level 2 of the American Red Cross Learn-to-Swim program, and be able to swim one lap (two lengths) of The W pool without stopping, using the front crawl. To learn more and register, attend the informational meeting Tuesday, Feb. 27, at 7 p.m., in the Wet Classroom.

Bring the kids for Fun Zone

Every Monday, Wednesday, and Friday, 9-11 a.m., two fieldhouse courts will be transformed into an indoor park where preschool-aged children can run, play, and burn off energy. **The**



Hours

The W Hours:

Mon.-Thurs. 5 a.m.-10 p.m.
 Fri. 5 a.m.-8:30 p.m.
 Sat. 7 a.m.-6:30 p.m.
 Sun. 11 a.m. (Fitness area only)
 1-10 p.m.

Pool Hours:

Mon.-Fri. 5:15-7:45 a.m.
 (vortex and lap swim only)
 11 a.m.-1 p.m.
 (vortex and lap swim only)
 4-8 p.m. (open swim)

Saturday 7:30-9 a.m.
 (vortex and lap swim only)
 11 a.m.-6 p.m. (open swim)

Sunday 2-8 p.m. (open swim)

Climbing Wall Hours

Thurs.-Fri. 5-8 p.m.
 Sat.-Sun. 1-5:30 p.m.

Child Care Hours:

Mon.-Fri.
 8:30-11 a.m.
 4:30-7:30 p.m.

Zesty Orange Hours:

Monday-Thursday: 7:30 a.m.-7 p.m.

pool will open from 10 to 11 on Friday, Feb. 23. The fieldhouse will remain open during this time. This program is free for members and \$1 for nonmembers. Cost for nonmembers is \$2 if they use the pool. Adults are free.

Pool open for early outs, weather dismissals

The swimming pool will open at 3 p.m. every Wednesday and for other official school weather cancellations through March 28. The pool also will open at 3 p.m. each day during Waverly-Shell Rock's spring break (March 12-16).

Friday: 7:30 a.m.-6:30 p.m.
Saturday: 9 a.m.-4 p.m.
Sunday: 1-7 p.m.



100 Wartburg Blvd.
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(800) 772-2085

W Welcome Desk: 319-352-8311 • [Email the W](#)